

DUDLEY'S BAKERY, INC.
 30218 HIGHWAY 78
 SANTA YSABEL, CA 92070
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Prairie Squaw Bread (42 g) - Dudley's Bakery

Nutrition Facts	
Serving Size 1 Slice (42g)	
Servings Per Container 16	
Amount Per Serving	
Calories 110	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 4g	
Vitamin A 0%	• Vitamin C 4%
Calcium 4%	• Iron 8%
Thiamin 10%	• Riboflavin 6%
Niacin 8%	• Folate 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, RYE MEAL, MOLASSES, WHEAT BRAN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YEAST, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OIL), WHEAT FLOUR, SALT, PALM OIL, CARAMEL COLOR [SULFITES], BROWN SUGAR, CALCIUM STEAROYL LACTYLATE [CSL], VINEGAR, CALCIUM SULFATE, ASCORBIC ACID, SOY LECITHIN, AZODICARBONAMIDE (ADA), ENZYMES.

CONTAINS: WHEAT, SOY

Notes: